## **HOSPITAL INFECTIONS**

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#### HEALTHCARE ASSOCIATED INFECTIONS

PRÍMUM NON NOCERE

FIRST DO NOT HARM

Sir James Simpson

#### HEALTHCARE ASSOCIATED INFECTIONS

 Hospital infections (Hİ) show changes with each passing day

 Nosocomial Infections = Hospital Infections Healthcare associated infections

#### HI Definitions

- Infections may occur;
- ✓ After patients apply to the hospital or
- ✓ At that time of application its not the incubation period
- Although the infections start, Infections may occur after discharge

#### HI Definitions

- Usually admitted to the hospital after 48-72 hours
- Discharge after 10 days non-operated patients
- The field of surgery within 30 days of post of
- If patients have implants, Infections may occur within 1 years

- Urinary tract infection
- Surgical site infection
- Pnemoniae; VAP (VİP)
- Bacteremia
- Cardiovascular system infections
- Central nervous system infections
- Others (bones-joint, ear-nose-throat, gastrointestinal system, etc.)

#### HI causes to

- Elongation of hospital staying
- Increasing of morbidity ve mortality
- Deterioration in the quality of life
- Loss of labor force and productivity
- Increasing of RESISTANCE
- Increasing of cost

#### НΙ

- The factors that determine the avarage cost of hospital infections:
  - Types of Infections, localization and resistance
  - Rate of Infections
- Cost of hospital infections in one patient →
   1.500-2.000 \$
- In pediatrics patients 10.000 \$

#### Н

 In different studies ,additional hospitalization are between 4-34 days, average 10 - 20 days

- Bacteremia 7 21 days
- Surgical site 7 8 days
- VİP 6-7 days
- Urinary tract system 1-3 days

#### ΗІ

- Study on the efficacy of nosocomial infection control (SENIC)
- In 250 beds capacity of hospital
  - Annually HI 524 case
  - Additional hospitalization 2000 days,
  - Additional mortality 20 case
  - Additional cost 1 million \$ as envisaged
  - Approximately infection prevention spending is 60.000 \$

- Decreasing HI rates % 32
- Preventable of 168 HI
- Blocked additional hospitalization in 640 days
- Blocked additional mortality 6.3
- Earnings provided 260.000 \$
- If we succesfull % 50 decreases
- 440.000 \$ earnings

## HI Turkey

- Patients which develop of hospital infections:
  - Elongation 1-35 days in hospitalization
  - Increasing %19.6 of Mortality
  - Increasing 2280 dolars of cost

# Short History of HI

- 1877 proposals of isolation measures in first published
- The emergence of the "Infections Diseases Hospitals"
- Separate place of receipt the infections diseases of the patients
- Use of aseptic technique for prevent transmission of the diseases

#### НІ

- From the year 1910;
- Hospital staff started wear apron
- After the contact, hand hygine with antiseptic solutions between patients
- Disinfection of environment

- British Medical Research Council
  - 1941 → Doctor of Infection control
  - 1944 → Committee of Infection control
  - − 1959 → Nurses of Infection control
- 1965-1966  $\rightarrow$  The pilot study in USA
- 1970 → National Nosocomial Infections Surveillance System (NNIS)

#### Ш

- Legal basis; In Turkey
  - 1974: The Regulation Of The Medical Expertise (Infections committee and dutys)
  - 1983:Regulations of Operating Inpatient Treatment Institutions
  - 2005: Regulation of Infections Control
- The establishment of the hospital infection control committees in Turkey
- 1984:Hacettepe Univesity Faculty of Medicine
  - 1985:İstanbul University Faculty of Medicine
  - Other university and government hospital, private hosp.

#### HI= Medical error

- The basic purpose in the approach of the patient safety providing changes in the presentation health services
- The most important steps are classification detection and reduction of the errors

 In the new situation, nosocomial infections accept as side effect, The goal of the paient safety is <u>"zero"</u> nosocomial infection

#### HI New Goals

The main subject is prevention!

Hospital Infections= Medical Error

Success = Minimize the error- "0" error

2000 years !!!

Most of these infections

- % 10 out of hospital
- % 90 in hospital

- Endogenous
  - Self infection
- Exogenous
  - Cross infection
    - hospital staff- patient
    - Patient-patient
  - Environmental sources
    - Food, air, dust, water
    - Medical equipments

- Gram (-)
  - Pseudomanas
  - Klebsiella
  - Acinetobacter
  - E.coli
  - Others
- Gram (+)
  - Staphylococus (MRSA, MRKNS)
  - Streptococus

Extensive studies showed

- % 35 preventable
- % 65 unpreventable

#### Common infections

- % 37 urinary infections
- % 18 lower respiratory tract
- % 17 surgical wounds
- %12 upper respiratory tract
- % 8 mucous membrans
- % 8 bacteremia

# Important causes of HI

- Urinary tract
  - E.coli
  - Others gram (-) rods
  - Enterococci
  - Staph
  - Candida
- Lower respiratory tract
  - Pseudomanas and other gram (-) rods
  - Staph

# Important causes of HI

- Surgical wound
  - Staph
  - Enterococci
  - E.coli, Pseudomanas and other gram (-) rods
- Bacteremia
  - Staph
  - Entereococci
  - Candida
  - E.coli and other gram(-) rods

- Many of these microorganism are opportunistic
  - In compromised
  - In patients invasive procedures applied

- Host factors play a main role in the infectious diseases
- Very young people susceptible
- Old patients
  - Underlying diseases
  - İmmobility
  - Decreased blood supply

# Predispose factors to HI

- Age
- Specific immunity
- Underlying diseases
- Other infections
- Specific medicaments
- Trauma

# Risk factors postop HI

- Lenght of preoperative stay
- Presence of intercurrent infection
- Lenght of operation
- Nature of operation
- Presence of foreign bodies
- State of tissues

# Prevention of HI

- Excluding source of infection
- Breaking the chain of infection
- Enhancing the host resistance

# Where staff contact with patients should be avoided

- Diarrhea
- Hepatitis A
- Herpes simplex on hands
- S.pyogenes infection
- S.aureus infection on hands
- Measles
- Rubella
- Varicella zoster
- Upper respiratory tract infection

Using prophylactic antibiotics

- Two indications
  - Dirty surgery
  - Critical operation
- Two mistake
  - Too often or too long
  - Inappropriate drug

## Patient Safety

- Patient Safety: Prevent the errors depending on the health service and eliminate the patient injury depending on the health service or minimize it
- Errors depending of health service(medical error): During the health service, caused of unexpected results

## **Patient Safety**

- In USA between 2000 and 2002 years in 37 million patient hospitalized, find the 1.14 million (%3.08) patients safety errors.
- The main factors of the patient safety
- Do not identify the diagnosis in correct time,
- Do not start the treatment,
- Development of decubitus ulcer and post-operatif sepsis.
- These 3 cases enclose the % 60 of all errors patients safety.

### **Patient Safety**





T.C. SAĞLIK BAKANLIĞI Refik Saydam Hıfzıssıhha Merkezi Başkanlığı

#### **DEĞERLENDİRME RAPORU**

TÜRKİYE SAĞLIKTA DÖNÜŞÜM PROGRAMI EKİM 2010

#### TÜRKİYE'DE HASTANE ENFEKSİYONLARININ ÖNLENMESİ VE KONTROLÜ ÇALIŞMALARI

HASTANE ENFEKSİYONLARI BİLİMSEL DANIŞMA KURULU REFİK SAYDAM HIFZISSIHHA MERKEZİ BAŞKANLIĞI

#### APIC

## APIC published the guideline for eliminate these infections: 2009

- Ventilator-associated pneumonia, (VAP/VİP)
- Catheter-associated urinary tract infections (CA-UTI)
- Catheter-related blood infections (CLABSI)
- MRSA infections, long-term care units
- Acinetobacter baumannii
- APIC (Association for professionals in infection control and epidemiology)

### **Zero Infection**

- After a large accelerated of Quality improvement and infection control programmes, It has been showen that HI is decreased serious way
- It is an important role of the published guidelines and infection control.
- However, some of the coercive measures speed up the development

### Reach the Zero

- Concept of the "Reach the zero" is accepted by the quality improvement programs
- If it's accepted, infections depends on the health services infections may be reduced "zero", so all HI are prevent infections
- That's why, development of the HI are may be errors of the someone else

### Concept of the Zero Risk

- Prevent of the infections depending of Health Care needs "zero risk"
- But in this infections, İt 's hard to reach "zero risk"
- Infection risk change depends on the ,clinical stiuation of the patients, the severity of the disease and hospitalization of the period.
- It is not possible "zero" of these multi-factors risk.

# Stimulates factors of the Zero Infections

- Health İnsurance explain that they do not pay the hospital infections depends in the health services
- Patients and patient relatives, civil society organizations request transparent,
- It must be explained the hospital infections by the health services

# Effects of the Concept of the Zero Infections

With the increased awareness on the importance of reporting the HI cases with full honesty; it has been easier to focus on the problems raised by the subject.

- Planed education,
- Appling evidence based policy with right timing,
- "Checklist" applications,
- Talent Evaluation.

## Quality improvement, risk management, back payment

"Centers for Medicare and Medicaid Services" decide that not to pay the preventable errors, August 2007.

#### Desicion to pay the cost

- Objects forgetten during the surgery
- Wrong blood transfusion,
- Air Emboli,
- Fall,
- Mediastinit,
- Uriner system infections depends on the cathater,
- Decubitus ulcer,
- Bacteremia depends on the cathater

#### **Zero Tolerance**

- "Zero tolerance" is a term used against the passive standing of hospital workers.
- This term suggest that all health care workers should take action in order to prevent these HI and push their colleagues to apply as well. Therefore all health care workers can be held responsible of their own actions.
- In order to prevent HI and keep patients safety "Zero tolerance" application is very important.



HOSPITAL



This was a big problem!

## Don't forget

